

**DEPARTMENT OF PSYCHOLOGY**  
**GOVT. COLLEGE FOR WOMEN, PARADE, JAMMU**  
**Detailed Syllabus for Examination to be held 2022 onwards**



**B.A Semester- II (MINOR)**

**Course Title: HUMAN DEVELOPMENT**

**Course Code: UPSYTC-201 Total Marks: 100 Credits: 04**

**Internal Marks: 20      Duration of Examination: 3 Hours**

**External Marks: 80**

**Course Objectives and Learning Outcomes-**

- i) To understand normal growth and development across the lifespan.
- ii) To evaluate core concepts, strengths and weaknesses of the major theories of life-span development
- iii) To understand issues and crises through differential Developmental stages.
- iv) To understand the theoretical perspectives of different development stages.

**Unit-I**

**Introduction and Developmental research methods**

Concept of human development, meaning of growth and development, Principles of human development  
Developmental research methods-Longitudinal, Cross sectional and Cross-Sequential studies

**Unit II**

**Biological foundations and Theories of Human Development**

Basics of genetics and role of heredity and environment

Freud's psychosexual theory, Chomsky's Theory of language development, Piaget's Cognitive development theory and Vygotsky's Socio-Cultural theory.

**Unit-III**

**Prenatal Development and Infancy**

Stages of prenatal development, Factors influencing prenatal development, hazards of prenatal development

Infancy: Physical, psychosocial, cognitive development

## **Unit-IV**

### **Childhood and Adolescence**

Childhood: Physical, psychosocial, cognitive development,

Adolescence: Physical, psychosocial , Erikson's Psycho-social theory and Cognitive development

## **Unit-V**

### **Adulthood and Old age**

Adulthood: Career, Marriage and Parenthood.

Oldage: Cognitive, Emotional and Physical changes, Grief and bereavement

### **References:**

Bee, H, & Boyd.D (2002). Life Span Development, Boston:-Allyn& Bacon.

Berk,L.E(2003),ChildDevelopment(6<sup>th</sup>Ed.)Delhi:PearsonEducationPublication.

Feldman,R.S(2012)DiscoveringthelifeSpan(2<sup>nd</sup>Ed).NewDelhi:TataMcGrawGillPublishing Company Ltd. New Delhi.

Hurlock,F.B(DevelopmentPsychology(5<sup>th</sup>Ed).NewDelhi:TataMcGrawPublishingCompany Ltd. New Delhi.

Santrock,J.W(2011)LifeSpanDevelopment(13Ed).NewDelhi:TataMcGrawHillPublishing Company Ltd. New Delhi.

Shaffer,D.R.&Kipp,K.(2007)DevelopmentPsychology:ChildhoodandAdolescence(9<sup>th</sup>Ed). Canada: Wadsworth cegage Learning:

Srivastava, A.K. (1998) Child Development: An Indian Perspective, New Delhi: NCERT.

Sharma A.& Bakhshi (2007),ATextbook of Development and Abnormal Psychology, Jammu: N.R Book International.

## **Semester-I I**

### **Psychology Practical Examination**

**Credits: 02\* INTERNAL: 25 Marks EXTERNAL: 25 Marks**

Students are supposed to perform **Four** Practical's from the Syllabus. Practical Examination will be of **two** Hours Duration. External Examiner will conduct the Practical Examination. The Students will perform **one** Practical in the Exam (Internal and external)

Internal (a) 20 percent attendance (b) 20 percent Viva voce (c) 20 percent practical work/Book based on the practical done as per time table(day to day performance) (d) 40 percent internal test

External (a) 40 percent for practical paper (subject required to conduct practical if required) and (b) 60 percent for viva voce

“One Credit is two hours duration for fifteen working days or 45 periods of 40 minutes duration