

The Dawn

NEWSLETTER

2024



Centre For Women's Studies

Government College for Women, Parade Jammu-180001

The DAWN

(Sept. 2023-Sept. 2024)

Patron: Dr. Ravender Kumar Tickoo
(Principal)

Convener: Dr. Seema Malpotra

Members: Prof. Anita Sharma

Dr. Shally Chadha

Prof. Usha Devi

Dr. Dinesh Jamwal

Prof. Sukhvinder Kaur

Dr. Pallavi Jamwal

Prof. Komal Bangotra

Dr. Asha Rani

Student Coordinator: Ms. Arushi Zutshi

MISSION

A persistent consistent and endeavour seeking the empowerment of women to realise their latent potential for making them equal partners in mainstream development

OBJECTIVES

To create awareness about gender discrimination; and educational opportunities in health care.

To educate women about legal rights, to deal with problems of divorce, illegal demand of dowry, and right of inheritance of property. domestic violence and sexual harassment.

To provide value education to preserve basic moral values while aiming at women's empowerment.

To reach out to underprivileged women with an outreach programme.

In This Issue.....

- Awareness Programmes
- Outreach Activities
- International Women's Day
- MOU signing with FICCI FLO JKL
- Digital Literacy Programme

MESSAGE



Director Colleges
Higher Education Department
Government of UT J&K

It gives me immense pleasure to learn that the Centre for Women's Studies of Govt. College for Women, Parade, is publishing the Newsletter 'The DAWN'. This publication will keep students as well as general public updated with various activities of the Institution.

I congratulate all those who are associated with this newsletter and also students who are inspired to enrich this issue with their contributions. I am sanguine that the newsletter will provide an interesting reading and give an insight to the transformation the college has experienced over the last few years.

I extend my best wishes to the Principal, Dr. Ravender Tickoo, the editorial Staff, and the students of the college in this venture and look forward to such academic endeavours in future as well.

A handwritten signature in black ink, appearing to read 'Ajaz Bashir'.

Dr. Sheikh Ajaz Bashir
Director Colleges

FROM THE PRINCIPAL'S DESK



It is delightful to see another issue of the Newsletter 'The DAWN' being brought out by Centre for Women's Studies of this college, assimilating various activities of the preceeding months. Govt. College for Women Parade is a premier educational institution with the exemplary mission to nurture young women who are equipped to achieve success in a rapidly changing world. Be it academics, co-curricular activities or extracurricular activities, this college has proven itself time and again.

As an ardent educationist, I realize that there is a need to prepare young women for a world that is ever changing. They need to be provided with a platform to think, and exhibit their skills. It is necessary to give them the power of decision making in the home, community, society and nation.

The main motive behind the establishment of Centre for Women's Studies in the institution is to sensitize students about their rights and the issues related to the process of growing up and seeking their rightful place in the society. CWS has expanded outreach and collaboration efforts, partnering with organisations that may share our vision. Centre for Women's Studies organises programmes to celebrate women's achievements, raise awareness, highlight gender equality gains and much more.

Before I end, I would like to thank the Editorial team for their selfless striving which has given 'The DAWN' a new look and new dimension. I am proud to welcome the freshers onto this glorious march towards excellence because together we achieve the impossible and scale new heights.

I wish all the success to the staff of Centre for Women's Studies in their endeavour.

Dr. Ravender Kumar Tickoo
Principal

CONVENER'S NOTE



“A journey of a thousand miles must begin with a single step”

- Lao Tzu

The publication of 'The DAWN' by Centre for Women's Studies (CWS) is a moment of rejoicing for the college, staff and students. The present issue focusses on the multifarious activities, the college witnessed in the last one year. It is satisfying to note that a number of activities have been completed with regard to women's issues under the dynamic and insightful leadership of Principal, Dr. Ravender Kumar Tickoo. The Centre, since its establishment in May 2006, has been working for the achievement of women's empowerment reflecting not only their intellectual acumen, but also character qualities, social attributes and sense of commitment. Seminars, poster making, outreach activities and workshops were organised to inculcate creative skills and sense of competition among students. The personal experience while co-ordinating these activities has been satisfying. From celebrating International Women's week with a richly diverse group of students. I felt particularly inspired by all the women around me, who had an audacity to express themselves freely.

As a convener of CWS, I believe in empowering the students in such a manner that they act as representatives of a meaningful and value based society. We hope to contribute our sincere efforts to achieve the goal of women empowerment so that women emerge as 'sheroes' of the world.

I want to extend my heartfelt thanks to our dedicated members of CWS. Your commitment and enthusiasm are the driving forces behind whatever little CWS has achieved so far.

Valuable inputs from the readers are always welcome!

A handwritten signature in blue ink, appearing to be 'Dr. Seema Malpotra'.

Dr. Seema Malpotra

Convener [Centre for Women's Studies]

CENTRE FOR WOMEN'S STUDIES, GCW PARADE, JAMMU

Legal Awareness Program was organised on Gender Sensitization on 14th Dec. 2023. The resource person for the event was **Mrs Radha Sharma, Advocate J&K High Court**. The program enlightened the students about women's rights against sexual harassment and domestic violence. Students were being made aware of the opportunities available to them and how to achieve success in their lives. The chief guest for the program was **Dr S. P. Sarswat, Principal GCW Parade**



Dr Seema Malpotra, convener Centre for Women's Studies and Dr Isha Sharma, Member CASH presented a power point presentation on “**National Level Sharing of Best Practices on Gender Equality in Higher Education Institutions**” organised by Smt. Shanti Gupta Centre for Women's Studies at MIER College of Education Jammu on 8th Feb. 2024



Organised the screening of “The Vaccine War” movie on 10th Feb. 2024 to celebrate International Day of Women and Girls in Science. This movie shows the heroic contribution of Women in fighting against the biggest pandemic. Students felt highly proud and motivated after watching the great role of women in making the vaccination and learning the spirit to fight against any worse situation.



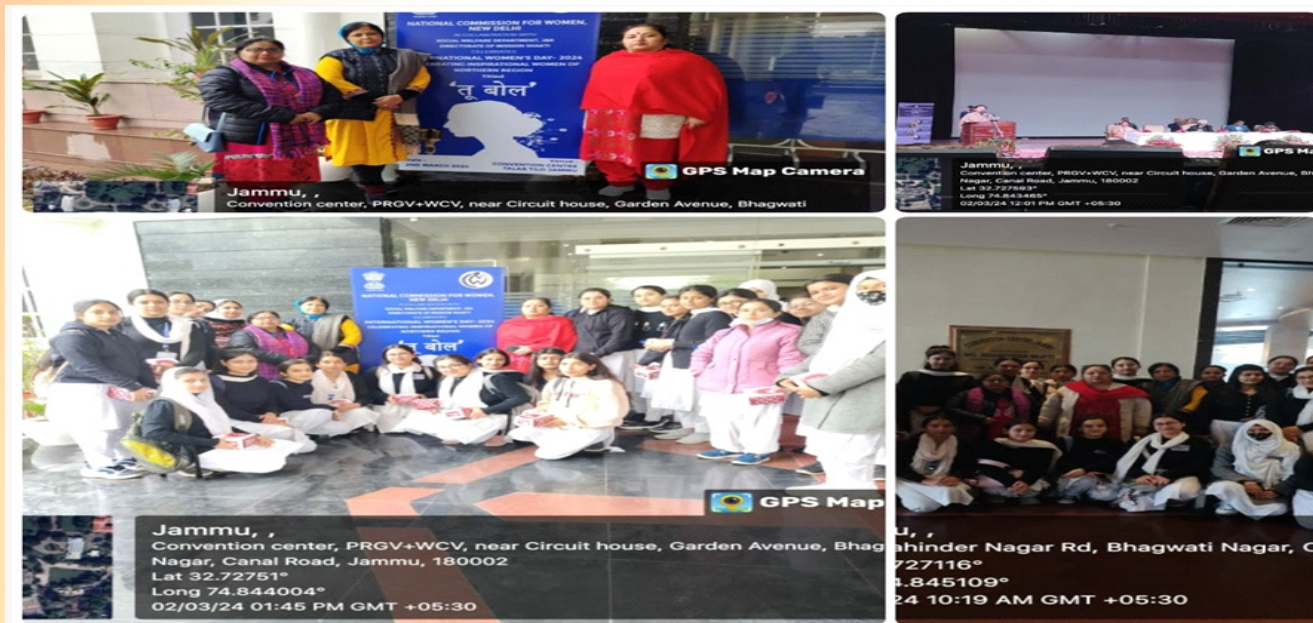
Centre for Women's Studies, GCW Parade welcomed the new Principal Dr. Ravender Kumar Tickoo and presented a token of gratitude to the Former Principal Dr. S.P. Sarswat



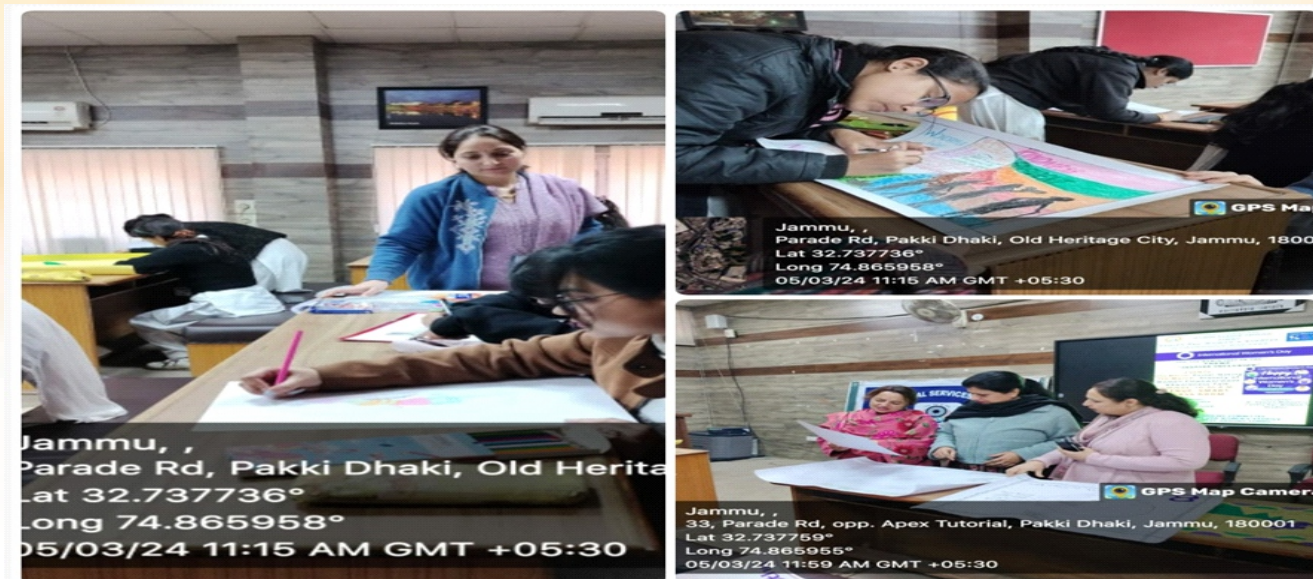
CELEBRATION OF INTERNATIONAL WOMEN'S WEEK, 2024

Centre for Women's Studies, GCW Parade organised

An **Outreach Activity** under which students attended a regional-level programme '**Tu Bol**' organised by the *National Commission for Women, New Delhi in collaboration with Social Welfare Department*. Dr. Seema Malpotra, Dr. Pallavi Jamwal and Prof. Komal Bangotra accompanied the students to the Convention Centre, Jammu on 2nd March, 2024.



A **Poster Making Competition** on 5th March, 2024. The theme of the event was “**Inspire Inclusion**”. A total of 14 students participated with full enthusiasm. Prof. Renu Angurana, Dr. Ravinder Kaur and Prof. Maneka Thappa judged the programme.



An Awareness lecture was delivered by Advocate Ms. Itra Nasir, District Legal Services, Jammu (DLSA). She acquainted the students with the legal rights available for women and the procedure to avail of these services without any hassles. The lecture was followed by an interactive session where the resource person answered all the queries raised by students.



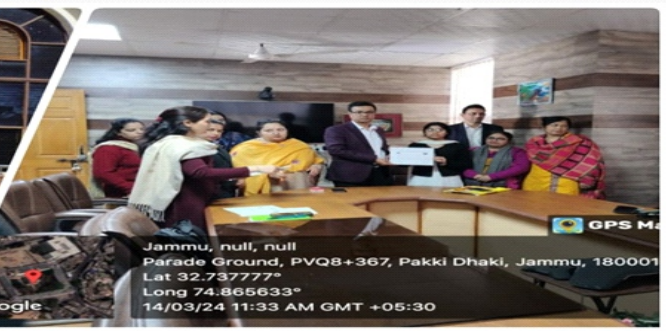
A PowerPoint Presentation competition was organised on 7th March, 2024 on the theme “The History of Women Empowerment”. Ten Students prepared and presented wonderful presentations which were judged by Dr. Anjali Abrol, Deptt. of Chemistry, GCW Parade. The winners were awarded by the jury Member.



In Continuation, an awareness talk was held on “Gender Equality”. The Resource Person of this talk was Ms. Kiran Thakur, a renowned Advocate, Legal Counsellor, Certified Computer Hacking, Forensic Investigator and Cyber Security Expert from International Forensic Sciences. She made students aware of Domestic Violence Act, 2005 and One Stop Centres.



International Women's Week celebration culminated with the distribution of certificates to winners and participants by worthy Principal Dr. Ravender Kumar Tickoo.



Organised a lecture on '**Protection of Women and Child Rights**' in collaboration with the Department of Home Science on 29th April 2024. The event's Resource Person, **Dr. Gurmeet Kour, Women's Law Expert, K.C. Law College Jammu** gave a comprehensive legal overview of Women and Child Rights and apprised the students about various opportunities.



Dr. Seema Malpotra, Convener, Centre for Women's Studies, GCW Parade and Shreya, PG Zoology student expressed their views on 'Bhartiya Nyaya Sanhita' (BNS) 2023 in the program on "Implementation of New Criminal Laws" at Police Auditorium Gulshan Ground, Jammu on 1st July 2024



Dr. Seema Malpotra Convener, CWS along with Prof. Anuradha Kalsi member, Cultural Committee co-ordinated the participation of students in a play event on the theme 'Unseen Architects: Women Shaping India's Future' for celebrating Women Equality Day at MIER College on 22nd Aug, 2024.



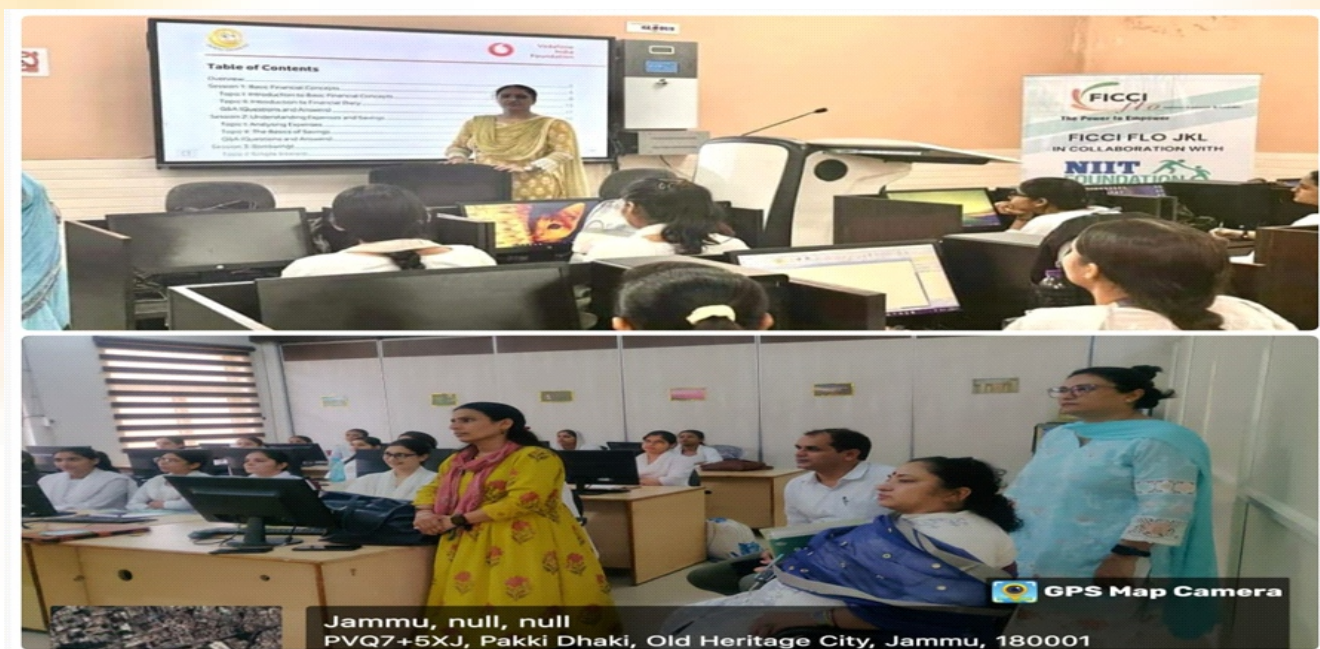
GCW Parade signed an MoU with FICCI FLO Jammu and Ladakh (JKL) Chapter, as part of its ongoing efforts to empower young women through education and skill development. The MoU was signed by Dr. Ravender Kumar Tickoo, Principal and Ruchika Gupta, Chairperson FICCI FLO. Dr. Seema Malpotra, Convenor CWS was nominated as the Single point of contact (SPOC) to initiate and smooth co-ordination between the college and FICCI FLO JKL on 23rd Aug, 2024



A Digital programme in 'Financial Literacy' was launched in GCW Parade by **Centre for Women Studies, GCW Parade in collaboration with FICCI FLO JKL and NIIT Foundation** on 18th Sept, 2024. A batch of 30 students was enrolled in the programme. This Program was aimed to focus on empowering the students by equipping them with essential skills to manage their finances effectively as they enter the workforce.



Financial Literacy Programme was initiated by the presentation of the first session on Understanding Basic Financial Concepts by Prof. Sukhvinder Kaur. Other resource persons for the programme Dr. Seema Malpotra, Dr. Iesha Sharma, Dr. Nitu Sharma and Prof. Mohd. Qayoom also participated in the effective delivery of course content.





Registration of Students for FICCI FLO and SAWIT (South Asian Women In Tech) AI Revolution Program with Google Certification

A total of 305 students were registered for SAWIT. AI. 'The World's Largest Women-only, Gen AI Learning Challenges and participated in Learnathon on 21st Sept. 2024. The objective was to encourage women students to embrace AI through a simplified and accessible learning experience tailored for Women that equips them with basic Gen AI skills.

“STUDENT’S CORNER”

Women empowerment isn't just about granting rights-it's about dismantling deeply ingrained structures that limit potential. It's the shift from passive support to active inclusion, where women aren't merely participants in society but its architects. True empowerment comes from creating spaces where women's voices redefine norms, innovate industries, and reshape narratives. This transformation is not about equal opportunity alone: it's about building a future where women's ideas, leadership, and creativity are essential forces driving progress.

Mannat Sabharwal

The overall aim of Women's Study Centre focuses to develop all spheres of the student's life so that they can actualize their true potential and excel in today's competitive world. It helps to empower students with life skills through Personality Development and other related Programs. This is a platform to sensitize and create awareness to social problems, and challenges faced by women, and to deliver various women development programs.

Krina Langeh

Empowering a woman is empowering generations, for when a woman rises she lifts everyone around her. Behind every successful woman is herself. A woman shapes the Destiny of civilisation. We are learning a lot from the programs organized by Centre for Women's Studies.

Anamika Sharma

Women's empowerment is a multifaceted concept that encompasses various dimensions of life, including social, economic, political, and personal aspects. At its core, women's empowerment refers to the process of equipping women with the knowledge, skills, resources, and opportunities needed to make informed choices, exercise their rights, and participate fully in all spheres of society. It is about enabling women to break free from the shackles of discrimination, inequality, and oppression, allowing them to lead lives of dignity, agency, and self-determination.

Shaks Sangral



Centre For Women's Studies

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